



[▶ Activated Selenium](#)

[▶ BioSil \(Orthosilicic Acid\)](#)

[▶ Bone-Up \(capsules\)](#)

[▶ Vegetarian Bone-Up \(tablets\)](#)

[▶ Ultra Bone-Up](#)

[▶ Cal-Mag-D](#)

[▶ Chromium GTF](#)

[▶ Ipriflavone 200](#)

[▶ IronSorb](#)

[▶ Magnesium Optimizer](#)

[▶ Mineral Balance](#)

[▶ Zinc Balance 15](#)

Bone-Up®



Superior Calcium Formula
Microcrystalline
Hydroxyapatite with Boron
and Glucosamine HCl

▶ [120 Capsules Prod # 04001](#)

▶ [240 Capsules Prod # 04003](#)

▶ [Mad Cow Concerns?](#)

USAGE: Take 1 to 6 capsules per day with meals, preferably dividing the number of capsules equally with each meal to facilitate maximum absorption, or as directed by your qualified health consultant. Do not use if allergic to shellfish.

HEALTH CLAIM: Regular, weight-bearing exercise and a healthy diet with

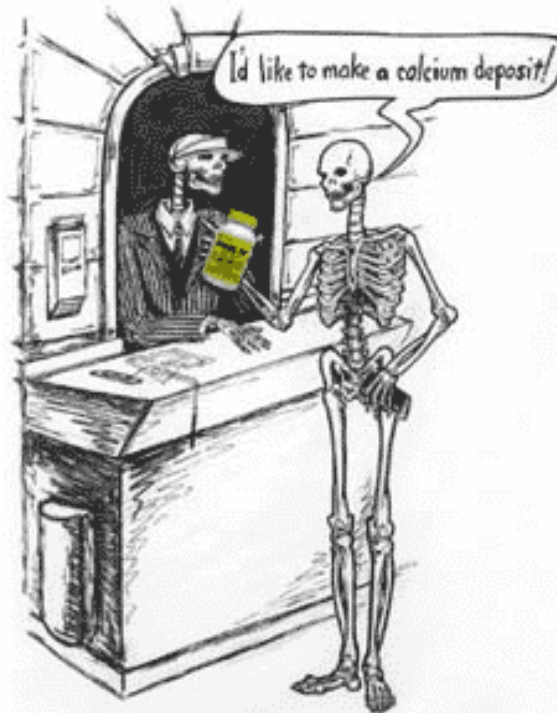
adequate calcium, including from BONE-UP® helps teen and young adult women build bone mass and maintain bone health and may reduce their risk of osteoporosis later in life. Daily calcium intake above 2,000 mg is not likely to provide additional benefit. Adequate calcium intake is also linked to reduced osteoporosis by slowing bone loss in older men and women.

100% OF CALCIUM FROM MICROCRYSTALLINE HYDROXYAPATITE (MCHA) FROM AUSTRALIAN BOVINE BONE. Also, BONE-UP® is formulated with MK-7 (an advanced form of Vitamin K2), Methylcobalamin (Methyl B12), and Glucosamine.

For best results use with Jarrow FORMULAS® BioSil™ the Biologically Active Silicon.

Keep out of the reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SUPPLEMENT FACTS

Serving Size 6 Capsules

| | Amount | % DV |
|---|---------|-------|
| Vitamin C (Ascorbic Acid) | 200 mg | 333% |
| Vitamin D3 (Cholecalciferol) | 500 IU | 125% |
| Vitamin K1 (Phylloquinone) | 100 mcg | 125% |
| MK-7 (Vitamin K2 as Menaquinone-7) | 10 mcg | 13% |
| Folic Acid | 400 mcg | 100% |
| Methylcobalamin (Methyl B12) | 100 mcg | 1667% |
| Microcrystalline Hydroxyapatite (MCHA) | 4762 mg | * |
| Calcium (from MCHA) | 1000 mg | 100% |
| Phosphorus (from MCHA) | 510 mg | 50% |
| Protein (from MCHA) | 1514 mg | 3% |
| Magnesium (as Oxide) | 600 mg | 150% |
| Zinc (as Monomethionate) | 10 mg | 67% |
| Copper (as Gluconate) | 1 mg | 50% |
| Manganese (as Citrate) | 1 mg | 50% |
| Glucosamine HCl | 300 mg | * |
| Boron (from Citrate) | 3 mg | * |

% DV for age 12 and older.

* Daily Value not established.

Other Ingredients: Magnesium stearate and silicon dioxide. Mineral amounts are elemental. Capsule consists of gelatin.